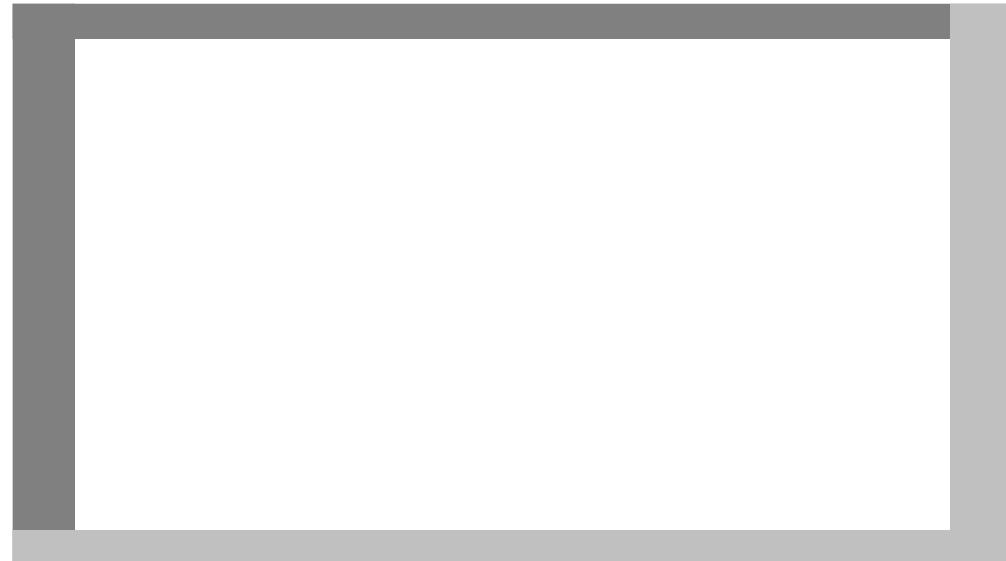




Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

What is Headline Stress Disorder?



© 2026 LifeWorks (Canada) Ltd. Your program may not include all services described on this website, please refer to your benefit material for more information. For immediate assistance, call 1.844.880.9137.