

Your Employee Assistance Program is a support service that can help you take the first step toward change.

Diversity and Inclusion at Work Toolkit

•Discrimination at work•Educating yourself about diversity and supporting others•Age•Different abilities•LGBTQ•Race

Everyone has a right to go to work in a safe, inclusive environment where they are valued for their skills, creativity, and work ethic regardless of their race, religion, sex, sexuality, gender identity, age, or physical or cognitive ability.

However, whether you are a manager or team member, it is not enough to simply state that your workplace is diverse and inclusive. You must listen to others who may be different to you, find out about their experiences, and take the important step to actively support creating a welcoming workplace.

This toolkit has resources that will help you understand how to begin the process of making your workplace more inclusive, while also standing up to racism, sexism, homophobia, ageism, and ableism.

Why Diversity at Work Is Good for You and Your Workplace

Working in a Culturally Diverse World

Teaching Tolerance: Modeling Respectful Behaviour for Your Child in a Diverse World

Discrimination at work

Dealing with Discrimination

Steps to Take If You Experience Harassment or Discrimination at Work

Diversity and Inclusion: Helping your organization with learning and development

Educating yourself about diversity and supporting others

Supporting Diversity as a Manager

Age

Managing Across the Generations

Different abilities

Disability Etiquette in the Workplace

Managing an Employee with a Chronic Health Condition

Supporting Neurodiversity at Work

What is Neurodiversity?

LGBTQ

Being an LGBTQ+ Ally

Creating an LGBTQ Inclusive Workplace

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Supporting an Employee Who Is Transgender or Transitioning

When a Co-worker Is Transgender or Transitioning

Race

Anti-Racism and Allyship

Anti-Racism and Inclusive Leadership

How To Address Racism in your Workplace

How to Support People of Colour in the Workplace

Raising Children to Embrace Diversity

Ways To Educate Yourself About Anti-racism and Race

What is Code Switching?